



### **News and photo/film opportunity**

**What:** The Clare Foundation (Buckinghamshire Mind, Lindengate, The Healthy Living Centre, and The Oasis Partnership)

**Where:** Gunwharf Quays (GWQs) Marina, Portsmouth (use PO1 3TZ for sat nav)

**Who:** 20 young people aged 12-25 from Buckinghamshire Mind, Lindengate, The Healthy Living Centre, and The Oasis Partnership on two voyages separated by age (12-15 will be on Challenger 3 and 16-25 will be on Challenger 2)

**When:** Monday 23 August, at 1pm and Monday 6<sup>th</sup> September, at 1pm.

### **Press contacts**

**Kelly Field, T:** 02392 832055 **M:** 07876 685944 **E:** [kelly.field@tallships.org](mailto:kelly.field@tallships.org)

**Kate Stewart, T:** 02392 832055 **M:** 07467 746825 **E:** [kate.stewart@tallships.org](mailto:kate.stewart@tallships.org)

## **PRESS RELEASE**

### **HEADLINE: Young people from Bucks set sail on an adventure with UK's largest youth sail training charity**

Twenty young people are set to benefit from a residential voyage with Tall Ships Youth Trust (TSYT) - a charity that provides young people with unique and challenging experiences at sea - thanks to funding from Buckinghamshire-based The Clare Foundation.

Two four-night voyages with TSYT have been fully funded by The Clare Foundation. The first voyage for young people aged 12-15 will set sail from Portsmouth on Monday (23<sup>rd</sup> August). The second with youngsters aged 16-25 will leave on Monday 6<sup>th</sup> September.

The individuals have all been nominated for the residential voyage by four Buckinghamshire-based charities, Buckinghamshire Mind, Lindengate, The Healthy Living Centre and The Oasis Partnership.

Dan Bicknell from Lindengate said:

*“This experience will encourage great personal growth for our young people, developing teamwork, communication, self-confidence and other transferable life-skills.*

*Being out in the fresh air, combined with physical activity, will be a huge benefit to their mental health and well-being.”*

The Clare Foundation, founded by Mike Clare in 2009, works together with these groups and other key local stakeholders, partners, businesses and charitable organisations to facilitate and create positive change in Buckinghamshire.

Mike Clare, Founder and Chairman of the Clare Foundation, said:

*“I’ve had a long-held belief that providing young people with the opportunity to have adventures, get into the wild/open and meet other young people enables them and gives them a more functional outlook on life. Julie and I are delighted to be working with Tall Ships Youth Trust and charities in Buckinghamshire to make this happen.”*

The young people will join a professional crew of four sailing staff, who will guide them through their adventure at sea as they sail from Gunwharf Quays Marina in Portsmouth and along the Jurassic Coast.

Onboard one of Tall Ships Youth Trust's 72ft Challenger yachts, the young people become vital members of the sailing crew as they take on a number of tasks including, hauling ropes, operating the winches and helming. Under supervision, they also prepare and cook all their own meals below deck in the galley kitchen.

During their voyage, the young people will write daily blog entries to document their experience and time at sea. Voyager blogs can be seen on [TSYT's website](#).

**Ends**

**Photo(s) and caption:** Photo attached of Challenger yacht. We'll provide photos of the groups' departure if you're unable to send a reporter/cameraperson.

## **About Tall Ships Youth Trust**

We're the UK's oldest and largest sail training charity. Founded in 1956, Tall Ships Youth Trust has supported more than 120,000 young people, the majority of whom are disadvantaged or disabled.

We're a youth development charity that helps young people redefine their horizons through adventure learning at sea. We take young people aged 12 to 25 years, on residential sailing voyages onboard iconic yachts. Out on the water, under sail, they learn lessons that set them up for life and help them realise their own potential.

Currently operating with four 72ft Challenger yachts (famous for having raced around the world several times) and a 55ft ketch, the charity is fundraising to purchase more seagoing capacity. The coronavirus pandemic has hit disadvantaged young people harder than most and so, the demand for our charity's work has dramatically increased, and we need a bigger vessel, or vessels, to deliver our mission.

[www.tallships.org](http://www.tallships.org)

Voyager blogs will be posted here: <https://www.tallships.org/Blogs/fleet-tracker/Category/vessels>